

CANADIAN MUSIC THERAPY FUND

**MAKING MUSIC THERAPY
ACCESSIBLE SINCE 1994**

The Canadian Music Therapy Fund is a registered charity dedicated to providing accessible music therapy for people across Canada since 1994.

Headquartered at the Music Therapy Centre in Toronto, CMTF brings the power of music to those who need it most, fostering health and well-being nationwide.



WHAT IS MUSIC THERAPY?

Certified music therapists use various active and receptive techniques according to the needs and preferences of the individuals with whom they work. These techniques include, but are not limited to:



Singing



Composing



Improvising



*Playing
Instruments*



*Rhythm - Based
Activities*



*Lyric
Discussion*

WHO CAN BENEFIT?

Anyone can benefit from music therapy! No musical experience is required to participate and it can be accessed in many places such as clinical, educational, community, and private practice settings.

Music therapy can help with challenges, including:

- ♪ *Acquired Brain Injury*
- ♪ *Autism*
- ♪ *Emotional Traumas*
- ♪ *Geriatric Care*
- ♪ *Mental Health*
- ♪ *Neonatal Care*
- ♪ *Pain Control*
- ♪ *Palliative Care*
- ♪ *Physical Disabilities*
- ♪ *Substance Abuse*
- ♪ *and more!*